



RURAL DISTRICT COUNCIL

OF

TELFISIDE  
CARDIGANSHIRE



PUBLIC HEALTH DEPARTMENT

ANNUAL REPORT

1957

MEDICAL OFFICER OF HEALTH:

Dulyn Thomas, M.B., Ch.B., D.P.H.

PUBLIC HEALTH INSPECTOR:

H.E. Williams, M.R.San.I., M.S.I.A.



TEIFISIDE RURAL DISTRICT COUNCIL

CHAIRMEN

1956/57

Councillor D.O. Davies, J.P.

1957/58

Councillor D.A. Davies, J.P.

All matters dealing with public health are considered by the Council which consists of 25 members and meets on the second and fourth Friday in the month at Adpar.

Clerk of the Council	-	Francis T. George, A.S.A.A.
Chief Engineer & Surveyor	-	W.F. Edwards
Capital Works Engineer	-	O. Owen
Architect	-	W.S.P. Cottrell, A.R.I.B.A.
Rodent Operator	-	H.E. Jones

) Up to 1/4/57

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INTERIM RULE DISTRICT COUNCIL

MEMBERS

1957/58

Councillor D.A. Davies, J.P.

1956/57

Councillor D.O. Davies, J.P.

All matters relating with public health are considered by the Council which consists of 22 members who serve on the second and fourth Friday in the month of August.

Councillor D.A. Davies, J.P.	-	Chairman of the Council
Councillor D.O. Davies, J.P.	-	Chairman of the Council
Councillor D.A. Davies, J.P.	-	Chairman of the Council
Councillor D.O. Davies, J.P.	-	Chairman of the Council
Councillor D.A. Davies, J.P.	-	Chairman of the Council
Councillor D.O. Davies, J.P.	-	Chairman of the Council
Councillor D.A. Davies, J.P.	-	Chairman of the Council
Councillor D.O. Davies, J.P.	-	Chairman of the Council
Councillor D.A. Davies, J.P.	-	Chairman of the Council
Councillor D.O. Davies, J.P.	-	Chairman of the Council

To the Chairman and Members of the  
Teifiside Rural District Council;

### PREFACE

I have pleasure in presenting the Annual Report of the Health Department for the year ended 31st December, 1957.

The number of registered live births was one hundred and forty-five, a decrease of eighteen on the previous year. Five of these births were illegitimate. Two stillbirths were registered compared to eight in 1956. Two infants died under the age of twelve months compared to four in 1956 and six in 1955. No mother died as the result of childbirth.

The number of deaths registered was one hundred and fifty seven. Sixty-two persons died from heart disease, twenty-three from vascular lesions of the nervous system (strokes) and nineteen from cancer. Three persons died as a result of motor vehicle accidents and five persons due to other types of accidents. Five people died as a result of suicide, bringing the total number of violent deaths to thirteen. This is a high figure compared to the national average.

The district had a particularly good year as far as infectious diseases were concerned. There were only two cases of measles, five cases of whooping cough, and thirteen cases of scarlet fever. There were no cases of poliomyelitis.

Eight new cases of tuberculosis were notified during the year. Only four of these were under the age of thirty-five. Two deaths were caused by tuberculosis.

To the Chairman and Members of the  
Fellows Rural District Council

# REPORT

I have pleasure in presenting the annual report of the Health

Department for the year ended 31st December, 1935.

The number of registered live births was one hundred and forty-five.

A decrease of children on the previous year. Five of these births were

illegitimate. The illegitimate were registered compared to eight in 1934. Two

infants died under the age of twelve months compared to four in 1934 and six

in 1933. No mother died as the result of childbirth.

The number of deaths registered was one hundred and fifty-seven.

Sixty-two persons died from heart disease, twenty-three from vascular lesions

of the nervous system (stroke) and nineteen from cancer. Three persons died

as a result of motor vehicle accidents and five persons due to other types of

accidents. Five people died as a result of suicide, bringing the total

number of violent deaths to thirteen. This is a high figure compared to the

national average.

The district had a particularly good year as far as infectious

diseases were concerned. There were only two cases of measles, five cases of

whooping cough, and thirteen cases of scarlet fever. There were no cases of

diphtheria.

Eight new cases of tuberculosis were notified during the year. Only

four of these were under the age of thirty-five. Two deaths were caused by

tuberculosis.



The Council completed twenty-four houses during 1957 which compares most favourably with the record of similar rural authorities. Grants were approved by the Council for the improvement of twenty-four substandard houses.

A more detailed account of the work of the Health Department will be found in the ensuing pages. The report of the Public Health Inspector, Mr. H. E. Williams is also included.

The Council completed twenty-four houses during 1937 which  
cooperate most favorably with the record of similar rural authorities.  
Grants were approved by the Council for the improvement of twenty-four

substandard houses;

A more detailed account of the work of the Health Department will  
be found in the annual report. The report of the Public Health Inspector,  
Mr. H. E. Williams is also included.



SUMMARY OF GENERAL STATISTICS

Area (in acres) ...	...	...	...	...	...	73,728
Population (Census 1951) .	...	...	...	...	...	10,432
Population (Registrar General's Mid-Year 1957).	...	...	...	...	...	10,380
Rateable Value at 1st April, 1957	...	...	...	...	...	£57,319
Rateable Value at 1st April, 1958	...	...	...	...	...	£59,765
Sum represented by a penny rate 1957/58	...	...	...	...	...	£224
Estimated sum to be obtained by a penny rate 1958/59..	...	...	...	...	...	£238

SUMMARY OF VITAL STATISTICS

						<u>Total</u>	<u>Male</u>	<u>Female</u>
Number of registered live births	...	...	...	Leg:		140	86	54
				Illeg:		5	1	4
Number of registered still births	...	...	...	Leg:		2	1	1
				Illeg:		-	-	-
Number of deaths of infants under 1 year	...	...	...	Leg:		2	2	-
				Illeg:		-	-	-
Number of deaths of infants under 4 weeks	...	...	...	Leg:		1	1	-
				Illeg:		-	-	-
Number of deaths of women ascribed to childbirth	...	...	...	...		-	-	-
Number of registered deaths	...	...	...	...		157	81	76
Areal comparability factor for births...	...	...	...	...		1.18		
Areal comparability factor for deaths...	...	...	...	...		0.84		

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CAUSES OF DEATH

Registrar General's

Code Number

Causes of Death

Number of deaths

Male    Female    Total

1	Tuberculosis, respiratory	2	-	2
2	Tuberculosis, other	-	-	-
3	Syphilitic disease	1	-	1
4	Diphtheria	-	-	-
5	Whooping cough	-	-	-
6	Meningococcal infections	-	-	-
7	Acute poliomyelitis	-	-	-
8	Measles	-	-	-
9	Other infective and parasitic diseases	2	1	3
10	Malignant neoplasm, stomach	3	1	4
11	Malignant neoplasm lung, bronchus	2	1	3
12	Malignant neoplasm, breast	-	-	-
13	Malignant neoplasm, uterus	-	1	1
14	Other malignant & lymphatic neoplasms	5	6	11
15	Leukaemia, aleukaemia	-	-	-
16	Diabetes	-	-	-
17	Vascular lesions of nervous system	9	14	23
18	Coronary disease, angina	18	11	29
19	Hypertension with heart disease	2	3	5
20	Other heart disease	12	16	28
21	Other circulatory disease	3	2	5
22	Influenza	3	-	3
23	Pneumonia	3	3	6
24	Bronchitis	2	2	4
25	Other diseases of respiratory system	-	-	-
26	Ulcer of stomach and duodenum	-	-	-
27	Gastritis, enteritis and diarrhoea	1	-	1
28	Nephritis and nephrosis	1	2	3
29	Hyperplasia of prostate	3	-	3
30	Pregnancy, childbirth, abortion	-	-	-
31	Congenital malformations	-	-	-
32	Other defined and ill-defined diseases	4	5	9
33	Motor vehicle accidents	2	1	3
34	All other accidents	1	4	5
35	Suicide	2	3	5
36	Homicide and operations of war	-	-	-

Total

81

76

157





General Provision of Health Services in the Area.

In addition to the general medical services provided by medical practitioners, the following ancilliary services are provided:

- (a) No ante-natal or post-natal clinic is held in the district by the local health authority. Expectant and nursing mothers receive medical advice from their own medical attendants.
- (b) Infant welfare clinics are held fortnightly at Aberporth, Cardigan, Llandyssul and Penrhiwllan, and monthly at Llechryd.
- (c) The domiciliary midwifery service is carried out by the district nurses who are also state registered midwives.
- (d) Health visitors are stationed at Cardigan, Llandyssul and New Quay.
- (e) Home nursing is in the hands of the district nurses.
- (f) Vaccination is carried out by the person's own medical attendant, but immunisation against diphtheria is performed partly by the former and partly by the medical officers of the local health authority.
- (g) Ambulances are stationed at Cardigan, Llandyssul and Lampeter.
- (h) Arrangements for the prevention of illness consist of periodic talks and advice given by the medical officers and the health visitors of the local health authority. Care and after-care is in the hands of the district nurses and of the health visitors. Tuberculosis cases are also followed up by the Chest Physician's health visitor.
- (i) Domestic help is provided by suitable persons engaged locally.
- (j) A small general hospital at Cardigan and a larger one at Carmarthen are run under the auspices of the West Wales Hospital Management Committee. Fever cases are brought from the south of the county to the Tanybwllch Isolation Hospital. Area laboratories of the Medical Research Council are situated at Aberystwyth and Carmarthen and the services of both are used by medical practitioners in the district.





INFECTIOUS DISEASES.

The following is a list of the notifications of infectious disease, other than tuberculosis, received during the year.

Cholera ...	...	...	...	...	...	...	-
Diphtheria	...	...	...	...	...	...	-
Dysentery (amoebic and bacillary)	...	...	...	...	...	...	-
Encephalitis	...	...	...	...	...	...	-
Erysipelas	...	...	...	...	...	...	-
Food poisoning	...	...	...	...	...	...	-
Malaria	...	...	...	...	...	...	-
Measles	...	...	...	...	...	...	2
Meningococcal meningitis.	...	...	...	...	...	...	-
Ophthalmia neonatorum	...	...	...	...	...	...	-
Paratyphoid fever	...	...	...	...	...	...	-
Plague	...	...	...	...	...	...	-
Pneumonia (acute primary and acute influenzal)	...	...	...	...	...	...	1
Polio-myelitis	...	...	...	...	...	...	-
Puerperal Pyrexia	...	...	...	...	...	...	-
Relapsing fever...	...	...	...	...	...	...	-
Scarlet fever	...	...	...	...	...	...	13
Smallpox	...	...	...	...	...	...	-
Typhoid fever	...	...	...	...	...	...	-
Typhus fever	...	...	...	...	...	...	-
Whooping cough	...	...	...	...	...	...	5



TUBERCULOSIS

The following table shows the sex and age distribution of the new cases notified during the year.

AGE GROUP	RESPIRATORY		NON-RESPIRATORY	
	Male	Female	Male	Female
0 - 1	-	-	-	-
1 - 2	-	-	-	-
2 - 4	1	-	-	-
5 - 9	1	-	-	-
10 - 14	-	-	-	-
15 - 19	-	-	-	-
20 - 24	1	1	-	-
25 - 34	-	-	-	-
35 - 44	-	1	-	-
45 - 54	-	-	-	-
55 - 64	1	-	-	-
65 - 74	-	1	-	1
7+	-	-	-	-
Totals:-	4	3	-	1





SECTION 47 OF THE NATIONAL ASSISTANCE ACT, 1948.

Action was taken under the provisions of this Act in respect of a person living alone at Pontshan. The state of the house was deplorable and the man concerned was not receiving proper care and attention. He was removed to Bronglais Hospital, Aberystwyth, and later admitted to the Lampeter Welfare Home.

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INTERNATIONAL HEALTH.

In accordance with the International Sanitary Regulations, (World Health Regulations No.2), to which Great Britain is a signatory power, a number of international vaccination certificates of persons residing in the Teifiside area and proceeding to certain destinations overseas were authenticated in the prescribed manner.

PORT HEALTH AUTHORITIES AND RIPARIAN AUTHORITIES.

No foreign-going or coastwise shipping entered the coastal resorts in the Teifiside area during the year. The coastal trade which formerly existed has now come to an end.

DULYN THOMAS

MEDICAL OFFICER OF HEALTH

Cardiganshire Joint District Councils,  
Swyddfa'r Sir (County Office),  
ABERYSTWYTH.

June, 1958.





ANNUAL REPORT OF PUBLIC HEALTH INSPECTOR FOR 1957

WATER SUPPLY

On the 1st April, 1957, all the water undertakings belonging to the Council were taken over by the newly formed South Cardiganshire Water Board. The following extension schemes which were started in the previous year were completed before the take-over date:-

1. Wernddu Extension to Trearoes and Pencarnicoed.
2. Glynarthen Extension towards Cwmcoy, Tynewydd & Alltycordde.
3. Ffynnonllawddog Extension to Stradmore area.
4. Aberporth Augmentation Supply Scheme.

SEWERAGE

The Scheme for the sewerage of the Village of Beulah to include the Village itself, the School and the new Council Housing Estate, was commenced during the year.

Twenty-nine septic tanks, twenty bathrooms and fifty-three W.C.'s were constructed.

Plans were submitted and approved for the erection of Public Conveniences at Mwnt and Cenarth.

The Sanitary arrangements and drainage for new dwellings and premises are inspected and tested before being put to use.

FOOD

There are no private or public slaughterhouses in the area. Slaughterhouses that supply the area are situated at Cardigan, Newcastle Emlyn and Lampeter. There are eight meat shops in the area, which are visited regularly and vans inspected whenever opportunity permits.

The following were condemned as unfit for human consumption and were buried:-

7 tins of meat  
2 tins of fruit  
1 tin vegetables  
1 gal. fruit juice  
7½ lbs. margarine



HOTELS, CAFES AND RESTAURANTS:

There are twelve recognised hotels and guest houses in the area, but numerous boarding houses. There is also a great deal of holiday camping and caravanning along the coast during the summer months, when the population is greatly augmented. Special attention is paid to all hotel kitchens, cafes and restaurants and other premises where food is prepared. There are twenty-two cafes in the area, some of which are only open in the Summer season.

CAMPING AND CARAVAN SITES:

There are five licensed caravan and camping sites in the area, all are conducted in accordance with the requirements of Section 269 of the Public Health Act, 1936.

ICE CREAM REGULATIONS:

There are twelve purveyors of ice-cream in the area all of which sell pre-prepared ice-cream of a well-known make, direct from electric refrigerators. Where electric refrigerators are not available the use of dry ice is resorted to.

BAKE-HOUSES:

There are 7 bakehouses in the area all of which are inspected regularly.

MILK:

There are more than one hundred producer-retailers in the area, who supply daily amounts varying from one or two pints to fifty gallons. All of the producer-retailers supply milk from attested herds. A close watch has been kept on these dealers, especially those supplying to schools.

CLEAN FOOD CAMPAIGNS.

There are in the area:-

- 58 General food stores.
- 12 Ice-cream Vendors.
- 8 Meat shops.
- 7 Bakeries.
- 100 (about) Milk Retailers.
- 12 recognised Hotels and Guest Houses, but numerous Boarding Houses.
- 21 Public Houses.
- 1 Registered club
- 21 Cafes.





Publicity in regard to clean food is maintained by the posting up of Clean Food Bills in appropriate places.

NATURE OF VISIT OR INSPECTION.

<u>General Sanitation</u>	<u>Number of Visits</u>
Water Supplies	45
Drainage	170
Offensive Trades	50
Tents, Vans and Sheds	39
Factories	4
Bakehouses	16
Public Conveniences	72
Refuse Collection	35
Refuse Disposal	40
Rodent	26
Schools	20
Cafes and Restaurants	67
Ice-Cream Regulations	28
Miscellaneous	82

UNDER PUBLIC HEALTH ACTS:

Houses inspected .....	56
Visits paid .....	83

UNDER HOUSING ACTS:

Houses inspected .....	26
Visits paid .....	36

OVERCROWDING:

Houses inspected .....	2
Visits .....	2
Miscellaneous Housing Visits .....	31

Notices served under Housing Acts.

No. of Informal Notices Served .....	Nil
No. of Informal Notices Complied with ..	Nil
No. of Formal Notices Served .....	Nil
No. of Formal Notices complied with ...	Nil



Notices served under Public Health Acts.

No. of Informal Notices Served .....	3
No. of Informal Notices complied with .....	3
No. of Formal Notices served .....	Nil
No. of Formal Notices complied with .....	Nil

No. of Houses Erected during the year.

(a) By Local Authority .....	24
(b) By Private Enterprise .....	9

HOUSING ACT 1949, SECTION 20 - IMPROVEMENT GRANTS.

No. of Improvement Grants approved during the year .....	24
Total Amount of Grant approved .....	£7,926
No. of Houses, the work of improvement on which was completed during the year .....	24
Total Amount Grant Paid .....	£8,522

REFUSE DISPOSAL:

The area is divided into five collecting districts and collections take place once weekly in each of these districts.

The Council possesses one collecting vehicle manned by two men. The number of loads per week average 1½, that is about 24 tons. There are three refuse tipping sites. Mileage covered by the lorry during this year was 12,487.

RODENT CONTROL:

The Council employs a full-time Rodent Operator. Nine hundred and eighteen premises were inspected and five hundred and nineteen treated during the year. Thirty-eight farms were surveyed. The three refuse tips were treated regularly each month throughout the year and the main sewer at Llandyssul twice during the year.

H.E. WILLIAMS, M.R.S.H., M.A.P.H.I.,

Public Health Inspector.

Council Offices,  
Brynderwen,  
Adpar,  
Newcastle Emlyn.

June, 1958.





Factories Acts 1937 and 1948.

Parts 1 and VIII of the Factories Act, 1937.

Part 1. (Inspections).

Premises (1)	M/c Line No. (2)	Number on Register (3)	Number of Inspections (4)	Number of Written Notices (5)	Number of Occupiers Prosecuted (6)	M/c Line No. (7)
(i) Factories in which Sections 1, 2, 3, 4 and 6 are to be enforced by Local Authorities.	1	4	4	Nil	Nil	1
(ii) Factories not included in (i) in which Section 7 is enforced by the Local Authority.	2	1	1	Nil	Nil	2
(iii) Other Premises in which Section 7 is enforced by the Local Authority (excluding out-workers' premises)	3	5	5	Nil	Nil	3
TOTAL		10	10	Nil	Nil	

2. CASES IN WHICH DEFECTS WERE FOUND - NIL

Part VIII of the Act (Out-work)

There are no outworkers within the Rural District.







